

#### Restaurants

- ① Chinese Restaurant "Kaiwoh" (4th Floor of Fune-no-Kagakukan) Buffet \1,500; Lunch \1,000~ 船の科学館4階・レストラン「海王」 ランチバイキング1500円、その他麺類などの一品や定食も。
- ② 5K Planets (7th Floor of Miraikan) 11:00~18:00 Closed: Tuesday 未来館7階・レストラン「5K プラネッツ」
- ③ Cafeteria "Seagull" (11th Floor of TIME24 Bldg.) Lunch set \500~, Noodles \350~. タイム24ビル11階・スカイレストラン「シーガル」 日替わり定食500円より、地区最大規模のカフェテリア
- ④ Restaurant "La Mer" (1st Floor of TIME24 Bldg.)
  Lunch set \780~ Salad, drink, soup, and the dessert are free.
  タイム24ビル1階・レストラン「ラ・メール」 セットのサラダ、ドリン・

タイム24ビル1階・レストラン「ラ・メール」 セットのサラダ、ドリンク、スープ、デザートは取り放題

- ⑤ Cafeteria "Green's Chef" (1st Floor of Aomi-Frontier Bldg.) Lunch set \500 青海フロンティアビル1階・カフェテリア「グリーンズ・シェフ」
- ⑥ Aomi Shokudou; Lunch set \600~, Curry Rice \500.Sashimi Lunch \700 青海貨物地区入口「青海食堂」 大満足のボリュームランチ、刺身定食700円など
- ⑦ Cafeteria "i☆House" (5th Floor of Telecom Center)

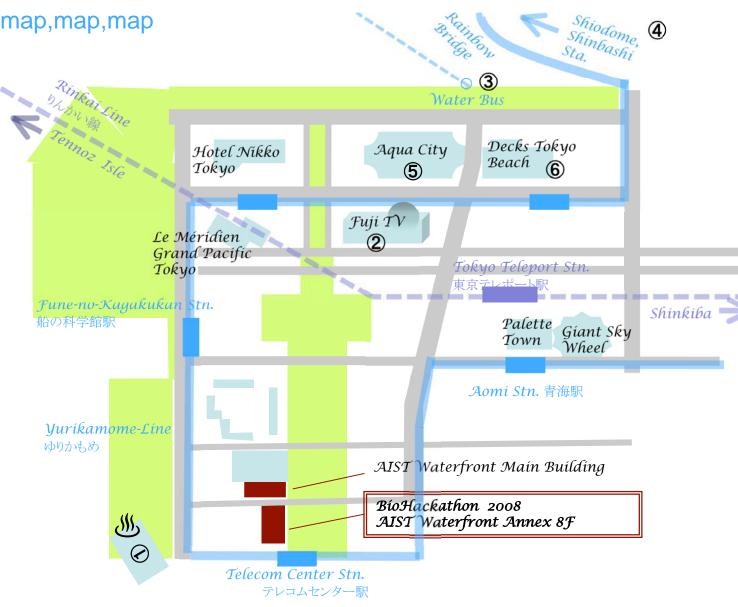
  Lunch set \650,Tuesday Lunch Buffet: Man \900 Female \800

  テレコムセンタービル5階・カフェテリア「アイ☆ハウス」 火曜日はランチバイキング、他の日は定食など
- ⑧ Japanese Soba "Soji-Boh" (2th Floor of Telecom Center); Soba =~\1,000 テレコムセンタービル2階レストラン街・信州そば処「そじ坊」
- ⑨ Italian "Vario" (2th Floor of Telecom Center); Lunch set (Spaghetti or Pizza with beverages) \980~
  同・イタリア市場「ヴァリオ」
- ⑩ Japanese Izakaya "Rokuemon" (2th Floor of Telecom Center); Lunch set \1,000 同•酒喰処「右六衛門」
- ⑪ Chinese Restaurant "Toen" (2th Floor of Telecom Center) 同·中国料理「唐苑」
- ⑫ Coffee Shop "Espresso America"; Coffee and light meal. テレコムセンタービル1階・エスプレッソ・アメリカ

#### Convenience Stores

- (1st Floor of TIME24 Bldg.) タイム24ビル1階「サンクス」
- (1st Floor of Aomi Frontier Bldg.) 青海フロンティアビル1階「am/pm」
- 低 am/pm (1st Floor of Telecom Center Bldg.) テレコムセンタービル1階「am/pm」
- (b) Daily Yamazaki (At Kokusai Koryu Kaikan) 国際交流会館前「デイリーヤマザキ」

AIST Waterfront Annex has a public area (8F Refresh Corner) and welcomes you having your own lunch.



## The Yurikamome Monorail

The Yurikamome New Transit Monorail runs between Shimbashi Station (JR Yamanote Line) and Toyosu, En route there are some great views of the city. Look out for Tokyo TowerTokyo Tower, the Hama- Rikyu Garden, Rainbow Bridge, the Fuji Television Building, the Pallette Town Ferris wheel and Tokyo Big Sight Conference Centre.

### Tourist Spots

① Oedo-Onsen-Monogatari

The Oedo hot spring has an old Edo theme. They have indoor and outdoor baths, as well as massage sand and rock treatments.

Adults: 2,827yen 11 am to 9 am the following day with last admission before 2 am.

2 The Fuji Television Building

This is the headquarters of Fuji Television, one of Japan's private, nationwide TV stations. You can see some exhibitions on popular programs, buy Fuji TV goods at the souvenir shop and access the futuristic looking building's observatory deck.

3 Water Bus

The River Commuter/sea bus runs between Odaiba and Asakusa (1,520yen, duration 1 hour).

4 Tsukiji Fish Market

Oedo Line Tsukiji Shijo Station (One stop from Shiodome) . A visit to Tsukiji Market is best combined with a sushi breakfast at one of the several restaurants which are located in the market. Most of them open around five in the morning and close around noon.

# Gourmet & Shopping

5 Aqua City ODAIBA

There are 60 restaurants and cafes, and 80 fashion, goods, and service shops. Enjoy shopping or dining in your choice.

6 Decks Tokyo Beach

Restaurant & shopping mall and Amusement Park (Tokyo Joy Police). On the sixth and seventh floors of